

Fourth Step Inventory

Assets and Liabilities Checklist from the "Big Book"
 pg. 64:1(1-7); pg. 64:3(1-9); pg. 68:1(1-3); pg. 69:1(1-6:edited)

<u>Liabilities</u> Watch for—														<u>Assets</u> Strive for—
	<i>Mother</i>	<i>Father</i>	<i>Wife (Ex)</i>	<i>Sister</i>	<i>God</i>	<i>Uncle</i>	<i>Child</i>	<i>Brother</i>	<i>Friend</i>	<i>Boss</i>	<i>Co-worker</i>	<i>Police</i>		
Resentment		✓	✓		✓									Forgiveness (Purity)
Fear		✓			✓		✓							Faith (Love)
Selfishness	✓		✓		✓		✓				✓			Unselfishness
Dishonesty		✓												Honesty
False Pride		✓	✓				✓			✓				Humility
Jealousy														Trust
Envy								✓						Contentment
Laziness	✓													Action
<i>Shame</i>					✓									<i>Self-respect</i>

Example of Completed Assets and Liabilities Checklist