

# The Directions for Taking the Twelve Steps

(Continued)

- Step 8** *Made a list of all persons we had harmed, and became willing to make amends to them all.*  
This Step is described on page 76.  
[The directions for taking Step Eight are on page 76, paragraph 3, lines 2-5.]
- Step 9** *Made direct amends to such people wherever possible, except when to do so would injure them or others.*  
This Step is described on pages 76-84.  
[The directions for taking Step Nine are on page 76, paragraph 3, lines 6-11.]
- Step 10** *Continued to take personal inventory and when we were wrong promptly admitted it.*  
This Step is described on pages 84-85.  
[The directions for taking Step Ten are on page 84, paragraph 2, lines 1-14.]
- Step 11** *Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.*  
This Step is described on pages 85-88.  
[The directions for taking Step Eleven are on page 86, paragraph 1, lines 1-14 (*When We Retire*); paragraph 2, lines 1-5 (*Upon Awakening*); page 87, paragraph 3, lines 1-3, page 88, lines 1-7 (*Throughout The Day*).]
- Step 12** *Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.*  
This Step is described on pages 89-103 and pages 567-568.  
[The directions for taking Step Twelve are on page 89, paragraph 1, lines 4-5.] (*Instructions on how to carry A.A.'s lifesaving message of recovery to others can be found throughout pages 89-103.*)